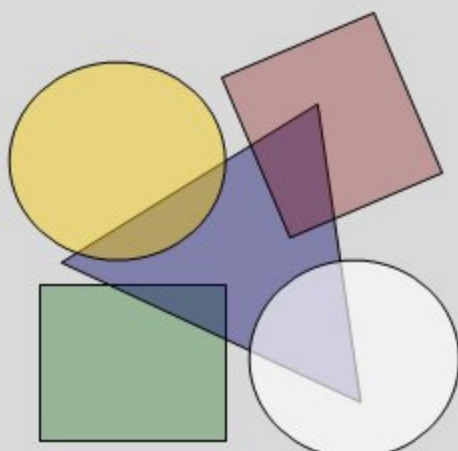


# Extraordinary Leadership Seminars



Sponsored by:  
The Institute for Church Professions  
Shenandoah University

featuring

**Roberta M. Gilbert, M.D.**

Gilbert, who developed and directs the seminars, is a specialist in Bowen family systems theory. Her ability to make theory accessible, her interest in society and her enthusiasm for the pivotal place of the clergy make her a natural leader for *Extraordinary Leadership Seminars*.

She is the author of *Extraordinary Relationships, Connecting With Our Children, The Eight Concepts of Bowen Theory, Extraordinary Leadership, and The High Road*.

The founding director of the Center for the Study of Human Systems, Gilbert also serves on the faculty of the Bowen Center for the Study of the Family.

## What is the need?

Ministers, priests and rabbis are resigning in record numbers. Many reach only a fraction of their potential. A large percentage burn out shortly after leaving seminary. Churches and synagogues are stuck in patterns of emotional intensity and ineffectiveness. Denominations are shrinking.

## What is the problem?

Nothing in the training of clergy and other leaders prepares them to understand or deal with the emotional side of congregations.

## Extraordinary Leadership Can Be Learned

**Extraordinary Leadership Seminars** provide clergy and other leaders with an understanding of the emotional side of organizations and tools to manage themselves in the emotional chaos.

Based on Bowen family systems theory, the seminars offer didactic training and both group and individual coaching.

The seminars have been extremely effective in helping people to understand and move effectively in their personal, family, and organizational systems.



**"The work in family systems theory has given me hope of staying on as a pastor."**

### KEY SEMINAR CONCEPTS:

- ◆ Organizations as emotional systems and exactly what that means
- ◆ High level functioning, low level functioning, in life, in leadership
- ◆ How focusing on others affects them
- ◆ How the heritage of an organization is unique and makes a difference
- ◆ Stress and how it responds to principles
- ◆ Managing oneself well in relationships
- ◆ The challenges of society
- ◆ Hierarchy
- ◆ How a leader impacts the system

### TYPICAL SITUATIONS BROUGHT TO COACHING:

- ◆ The non-functioning congregation or leader
- ◆ The stirred-up, anxious congregation or leader
- ◆ The conflicted organization or leader
- ◆ The "Clergy-Killer" phenomenon
- ◆ Family disruptions and disturbances
- ◆ How our own family experience and current situations impact leadership

### WHO SHOULD PARTICIPATE?

The seminar is tailored for clergy and open to all denominations and faiths.

- ◆ Clergy in Congregations
- ◆ Executive Clergy
- ◆ Pastors-in-training and lay leaders
- ◆ Leaders of any organization

### FORMAT

Each of the nine seminar days features

- ◆ didactic training and discussions in the morning
- ◆ video at lunch
- ◆ group coaching in the afternoon

Individual coaching is arranged by appointment. The seminars are in a three year rotating curriculum which can be entered in any year. One year commitment at a time.

[www.hsystems.org](http://www.hsystems.org)

	<b>Fees:</b> <b>Extraordinary Leadership Seminar</b> \$2000 (with 5 individual coaching sessions) <b>Advanced Seminar</b> \$550
	<input type="checkbox"/> <b>REGISTRATION – 2008-2009</b>  <b>Extraordinary Leadership Seminar at SU in Winchester, VA</b> Oct. 7, 2008    Jan. 6, 2009    Apr. 14, 2009 Nov. 4, 2008    Feb. 3, 2009    May 5, 2009
<input type="checkbox"/> <b>REGISTRATION – 2008-2009</b>  <b>Advanced Seminar at SU in Winchester, VA</b> Sept. 9, 2008    Dec. 9, 2008 Mar. 10, 2009    May 26, 2009	

**Virginia United Methodist Clergy may apply for scholarships through the Clergy Development Program.**  
[www.vaume.org](http://www.vaume.org)

**Other congregations, denominations or conferences may offer financial assistance as well.**

**CENTER for the STUDY of HUMAN SYSTEMS**

Name \_\_\_\_\_

Email: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (h) \_\_\_\_\_ (w) \_\_\_\_\_ (c) \_\_\_\_\_

Please use the attached form or include the information requested to the left in a letter and mail with a \$400.00 registration fee (nonrefundable but deductible from total tuition) to reserve a space.

To: Ms. Pat Elliott, Registrar  
Center for the Study of Human Systems  
313 Park Ave, Ste. 308  
Falls Church, VA 22046  
703-532-3823 / [www.hsystems.org](http://www.hsystems.org)

For Questions You Can Also Contact  
The Institute for Church Professions at Shenandoah University  
(540)535-3546 or [cbarlow@su.edu](mailto:cbarlow@su.edu)