

At our homes, we strive for spiritual & physical well-being



Fellowship, activity and security enhance residents' lives

Whether it is a time for creativity with a Halloween craft, bingo, knitting, swimming, bridge, a

birthday party, or briskly walking with friends, neighbors, and staff on a beautiful spring morning, activities are a core component of living at all Virginia Lutheran Homes facilities. Various opportunities and pursuits that fall under the category of activities help keep our residents stimulated, alert, challenged, and joyful in a lifestyle of wellness and wholeness of living. Enjoying a life of fitness, social gatherings, intellectual stimulation, and spiritual growth, our residents maintain health and overall well-being.

Virginia Lutheran Homes, Inc., serves the Virginia Synod at the following locations: Luther Crest in New Market, Luther Manor in Virginia Beach, Brandon Oaks Retirement Community in Roanoke, and the Brandon Oaks Nursing and Rehabilitation Center in Roanoke. Our mission is to value and serve seniors, providing safe and secure living environments to care for their social, wellness, and spiritual needs.

Your support of the Virginia Synod's United Lutheran Appeal helps us fulfill our mission and provide many activities to make our residents' lives vibrant and well. Thank you.



A resident and Activity Director Stephen Davies

VIRGINIA LUTHERAN HOMES

For more information, contact:
The Rev. Robert Ward, Chaplain
3804 Brandon Ave., Roanoke, VA 24018
Tel: (540) 776-2600 • www.vlhnet.org

Meet Sue Kennon— a life turned around



Sue Kennon



CHAPLAIN SERVICE OF THE CHURCHES OF VIRGINIA, INC.

“In 1979 I was living a fairytale life – living in the country, happily married and seven months pregnant. Then my world fell apart when my husband was killed in a diving accident. Not knowing how to deal with my grief, I became addicted to prescription painkillers and eventually to heroin. On the outside I was the perfect PTA mom, but by 1986 I was ready to end my life. I committed three robberies with a toy gun and then used a real gun (though it was broken and unloaded) to hold up a pharmacy. My intention was to get enough drugs to overdose. I rented a hotel room where I could die peacefully and had written a goodbye note to my children. But God had other plans. I was shot and wounded while committing that last robbery. I was arrested, convicted and given 48 years to serve in prison without the possibility of parole.

During my incarceration at the Virginia Correctional Center for Women in Goochland, Virginia, I learned to deal with my grief and recovered from my drug addiction. And then I met Chaplain Karen Powell. She told me that God had a purpose for my life and put me in touch with a person who sponsored my education. I earned a bachelor's degree while incarcerated. In 2001 a miracle happened; I was paroled and completed my master's degree in psychology in 2003.

Since 2004 I have been the Parent Education Coordinator for the Department of Correctional Education (DCE). My passion is to see incarcerated parents develop and maintain a positive relationship with their children. Please support the United Lutheran Appeal and Chaplain Service of the Churches of Virginia so others can have their lives transformed.”

For more information, contact:
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