



Supporting well-being for residents & community

Physical, emotional and spiritual well-being has always been at the heart of our vision for more than 550 residents in three locations. Luther Crest in New Market and Luther Manor in Virginia Beach are dedicated apartment buildings that offer subsidized housing to low-income senior citizens and disabled adults – some of our most vulnerable neighbors. Brandon Oaks in Roanoke offers independent and assisted living options, as well as a five-star nursing and rehabilitation facility.



To fill the growing need for additional rehabilitation services for both residents and our neighbors in the Roanoke Valley, we are expanding our nursing and rehabilitation facility at Brandon Oaks. The John P. Fishwick Rehabilitation Center will add 19 beds at our Roanoke facility to help individuals recover from illness, injury or surgery. It will also allow Brandon Oaks to offer an additional level of care—intensive assisted living.

Virginia Lutheran Homes is dedicated to providing caring and supportive communities for our aging neighbors. We hope that you will join us in supporting the well-being of those older adults who need the services of our apartment communities and our nursing home and rehabilitation center.

For more information, contact:
 George “Skip” Zubrod, President & CEO
 117 Sheraton Drive, Salem, Virginia 24153
 540-562-5443 • www.vlhnet.org

Meet Sheldon McDowell-sharing God’s grace in prison

“Growing up in the Washington, D.C., area, I was exposed to criminal activity and violence at a very early age. By the time I was a teen, I had already been introduced to the criminal justice system, and in 1991 I was involved in several armed robberies, one of which resulted in a young man being shot and killed.



McDowell

While I was not the trigger man, I definitely played a part in this horrible tragedy. I was sentenced to 91 years in the Virginia state prison system. In desperation I turned my life back over to God and right away I sensed that He had a purpose for me. Ten years into my incarceration, I sought and received forgiveness from the mother of the young man who was killed, and we maintain a positive relationship to this very day.

For the past 12 years I have had the wonderful privilege of working in the Chaplain’s Office at Greensville Correctional Center as a Chaplain’s Clerk. What a blessing this has been for me! I have found spiritual recovery and nurturing through the Chaplain’s ministry. I have learned that there is a church behind prison walls that is a place of Christian community, fellowship and accountability. The Chaplain and the materials in the Chaplain’s library have helped me to grow as a leader, Bible teacher, musician, music director and lay counselor in this prison community. I have even been able to earn a degree in Biblical Studies while incarcerated! Still, the greatest reward for me is to watch my fellow sojourners arrive here and have their lives transformed by God’s love, grace and power. The church here continues to grow in numbers and in spiritual strength. From the bottom of my heart I want to thank each and every person that continues to support Chaplain Service with your prayers, your volunteerism in the prisons, and with your financial contributions.”

For more information, contact:
 The Rev. Cecil McFarland, President
 2317 Westwood Avenue, Room 103-A, Richmond, VA 23230
 Tel: (804) 358-7650 • www.chapservva.org • chapservva@aol.com