



Nurturing Faith... Every Day in Every Way

February 8, 2015

5th Sunday after Epiphany

Isaiah 40:21-31

Psalms 147:1-11, 20c (3)

1 Corinthians 9:16-23

Mark 1:29-39



Show Others You Care. *Object:* A greeting card, box of candy, or gift.

How do you show someone that you care about them? (Give the children time to respond.)

Those are all great ideas! Here is a list of ten things that you might do to show someone you care about them.

- Listen to what they have to say.
- Say, "Thank you" when they do something nice for you.
- Forgive them when they do something that hurts your feelings.
- Put their needs ahead of your own.
- Write them a kind note.
- Give them a gift for no reason at all.
- Offer encouragement when they are discouraged.
- Volunteer to help them when they have a difficult task.
- Invite them to do something special with you.
- Share a snack with them.

There are many ways we can show someone that you care about them. The best way is by the nice things that we do for them each and every day. When someone is sick, a visit from a friend might do them more good than a dose of medicine. When someone is sad or having a bad day, a smile and a friendly "hello" would surely brighten their day. Have you ever seen someone sitting all alone at school who doesn't seem to have very many friends? If you sat down and talked to them, it just might make them feel as if someone cares about them. A simple act of kindness can say a lot more than a gift.

Jesus was always kind and helpful to the people he met. One day he was in the home of Simon Peter. Peter's mother-in-law was sick in bed with a fever. Jesus went into the room where she was and took her by the hand and helped her out of bed. When Jesus touched her, the fever left her immediately. Later that evening people brought everyone who was sick and those who were demon-possessed so that Jesus could heal them. The Bible says that the whole town was gathered around outside the door. Jesus healed the sick and drove out evil spirits. Jesus showed his love by caring for those who needed his healing touch.

The next time you want to let someone know how much you care for them, remember that we show others we care, not just by sending them gifts, but by showing acts of kindness each and every day-just like Jesus did.

Dear Father, Jesus taught us how to care for one another. Help us to follow his example and show our love by acts of kindness toward others. In Jesus' name we pray. Amen

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Gospel Acclamation: Alleluia. The servant of God took our infirmities and bore our diseases. Alleluia (Matt. 8:17)

Word Search Puzzle

V S H Z X U C N P N O D N J S
 I I Z J C R R T Q E M K K J I
 L M V J E H D B E D O C G F C
 L O I O X P N E Q B S P I C V
 A N P P S I C K R L Y D L Z Y
 G L R J Z W E W K R N X J E N
 E V E N I N G H O A A A G O G
 S C A V D Z X O H R G N H Y U
 X Q C O X A D E L Q O D E W J
 H T H R Q T O W N C G R L S A
 U E R J K Q T I E O U E P U M
 T J A H E R Y U P T E W E N E
 F O D L L S D E M O N S D S S
 M H H B E I U H S M I U F E J
 R N Z E A D P S F E V E R T A

FEVER	SIMON	HAND	DOOR	ANDREW
SUNSET	VILLAGES	PREACH	BED	DEMONS
JOHN	SYNAGOGUE	PEOPLE	JESUS	HELPED
HEALED	TOWN	EVENING	JAMES	SICK

CARING FLIP CHART: Give the children several cards made of heavy stock. Have the children draw pictures that represent CARING FOR OTHERS on the cards. Punch a hole in the cards and connect them using loose leaf rings to make a flip chart to use as they tell today's story about showing others you CARE!

CARING AIRPLANES: Give each child a sheet of paper to make a paper airplane and decorate it with words of ways to show we care. After all the planes have been made and decorated, let the children fly their plane to another child in the class to represent spreading their CARING from person to person.

CARING HAND PRINTS: Give each child a piece of construction paper to trace and cut out 2 hand prints and a strip of paper about 1x11 inches which they will fold accordion style. Write CARING on one hand and HANDS on the other hand and use the accordion strip to connect the two hands. Tell the children to take the hands home to remind them to CARE for someone during the week.

SHOWING KINDNESS TOWARD OTHERS



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