

*Nurturing Faith...
Every Day in Every Way*

July 19, 2015

Eighth Sunday after Pentecost

Jeremiah 23:1-6

Psalms 23

Ephesians 2:11-22

Mark 6:30-34, 53-56



Getting Away from it All. Object: Some Vacation Photos.

How many of you have taken a vacation? Would some of you like to tell us where you went? (Allow some time to share.) I have been on vacation too. I brought some pictures that I took while I was on vacation. We went to the mountains and I got a lot of beautiful pictures of trees, lakes, and rivers. It was so quiet and peaceful and I really enjoyed getting away from the hustle and bustle of everyday life.

We all need to get away, don't we? Some people really have a hard time doing that. They think that when they go on vacation they have to take their cell phones and laptop computers so that they can check their voice mail and email, and maybe even get caught up on some work that they didn't get finished before they left. They might as well stay at home!

Some people say that they think that children should go to school all around. I disagree. I think that even children need some time to get away and rest. It will help them to do better work when they start back to school.

Did you know that even Jesus recognized that we sometimes need to take some time off to get caught up on our rest? One day the disciples went to Jesus and told him how busy they had been teaching and ministering to the needs of people. "There have been so many people coming and going that we sometimes don't even have time to stop and eat," they told Jesus.

"Come with me to a quiet place so that you can get some rest," Jesus said to the disciples. So the Bible tells us that they got in a boat and went away with Jesus to a quiet place.

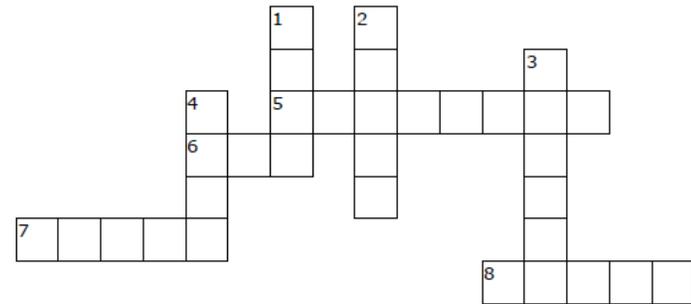
Yes, we all need a time to get away from it all, but we can't get away from it all if we try to take it with us!

Dear Father, we thank you for work, for play, and for school. We also thank you for those times when we can get away from it all -- and get some rest. In Jesus' name we pray. Amen.

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Gospel Acclamation: Alleluia. Sheep hear my voice. I know them, and they follow me. Alleluia (John 10:27)

Crossword Puzzle



ACROSS

- 5. The early followers of Jesus
- 6. To take solid food through the mouth
- 7. Without noise or activity
- 8. To give knowledge or skills to others

DOWN

- 1. A small vessel for traveling on water
- 2. A large group of people
- 3. Any group of men, women, and children
- 4. To take a break from activity

EAT	TEACH	BOAT	APOSTLES
PEOPLE	QUIET	REST	CROWD

BEE QUIET: Give children yellow and black construction paper, chenille wire, etc to cut out a bumble bee and glue or tape onto construction paper. Write BEE QUIET and get REST AND RELAXATION...Mark 6:30-32

STAINED GLASS PRAYING HANDS: Children can trace their hands or cut out a tracing that the teacher has given to them for the look of praying hands. Children can cut out a form of a glass window and glue their praying hands onto the window shape. Then let children glue very small pieces of tissue paper to the "stained glass window" shape around the hands.

REST AND RELAXATION ACROSTIC: The teacher can write REST AND RELAXATION down the left side of a large poster board and let the class find words for resting and being quiet before Jesus. Children can also draw pictures on this poster board for their ideas.



“COME WITH ME BY YOURSELVES TO A
QUIET PLACE AND GET SOME REST.” MARK 6:31



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