



VIRGINIA SYNOD, ELCA  
**Roots & Wings**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>National Bike Month</b>  <b>REMEMBER</b>	<b>National Hamburger Month</b>  <b>YOUR</b>	<b>National Photo Month</b>  <b>GARDEN</b>	<b>National Flower Month</b>  <b>THIS MONTH</b>	<b>1</b> May Day and Mother Goose Day. Go to the library and find some Mother Goose stories and find out about May Day. Great ideas found on the web: <a href="http://www.first-school.ws/theme/occasions5.htm">http://www.first-school.ws/theme/occasions5.htm</a>	<b>2</b> Brothers and Sisters Day and National Photo Month. Take pictures of your family during the month and then <a href="#">organize your photos</a> so that you'll never have to hunt for those pics again.	<b>3</b> May is <a href="#">National Bike Month</a> and a good reason to dust off the bikes, put on the helmets and start riding with family or friends.
<b>4</b> <b>Read</b> <a href="#">John 20:19-31</a>  Bird Day	<b>5</b> Cinco de Mayo and National Hoagie Day... learn about the day with either a book or online <a href="http://latinamericanhistory.about.com/od/.../Cinco-De-Mayo-For-Kids.htm">latinamericanhistory.about.com/ od/.../Cinco-De-Mayo-For-Kids.htm</a>	<b>6</b> National Teachers Day ...make a card of appreciation for a teacher that touches your life. You could also make a treat to give to them.	<b>7</b> Spend some quiet time reading a book or listening to music.	<b>8</b> No Socks Day...today, just skip wearing socks. You might want to make a sock puppet and put on a show with it.	<b>9</b> <b>Family Fun Night</b>	<b>10</b> Clean Up Your Room Day...tomorrow is Mother's Day...surprise your mom by cleaning up your room. Make a card to give her tomorrow.
<b>11</b> <b>Read</b> <a href="#">Luke 24:13-35</a>  Mother's Day...give your Mother the card you made and treat her like a "Queen for the Day."	<b>12</b> International Nurses Day... take time to let the nurses in your doctor's office know how much you appreciate them with a phone call or card.	<b>13</b> Frog Jumping Day ...play a game of Leap Frog. Take a walk in the woods and look for frogs (be sure an adult is with you)	<b>14</b> Dance Like A Chicken Day...find the music for the Chicken Dance and have a great time doing it as a family.	<b>15</b> National Chocolate Chip Day... make some Chocolate Chip Cookies for tomorrow's Family Fun Night and share with a shut-in or neighbor.	<b>16</b> <b>Family Fun Night</b> Wear Purple for Peace Day...wear purple today, and share with your friends why you are wearing purple.	<b>17</b> Armed Forces Day...learn about Armed Forces Day...surprise your friend/ family/ loved one who works in the armed forces. ... Send warm and heartfelt messages to them.
<b>18</b> <b>Read</b> <a href="#">John 10:1-10</a> Visit Your Relatives Day...with your relatives enjoy a hamburger for lunch or dinner. If they cannot be there, give them a call.	<b>19</b> Asparagus Month... start by learning about them. Next, try a <a href="#">maple glazed asparagus recipe</a> that's so sweet, kids won't be able to resist.	<b>20</b> Pick Strawberries Day... <a href="#">learn about strawberries</a> , then step into the kitchen to make delicious treats like <a href="#">chocolate-covered strawberries</a> or <a href="#">strawberry short-cake</a> .	<b>21</b> National Salad Month ...make a salad for dinner that everyone will like.	<b>22</b> Older Americans Month...explain why elders are so important and why they should be respected. Visit a Nursing Home together.	<b>23</b> <b>Family Fun Night</b>	<b>24</b> <a href="#">Plant a garden</a> of flowers with your children this month. If you don't have a yard big enough to accommodate a flower garden, plant a <a href="#">mobile garden in a bucket</a> .
<b>25</b> <b>Read</b> <a href="#">John 14:1-14</a>  National Missing Children's Day..talk about the importance of child safety.	<b>26</b> <b>Memorial Day...</b> Fire up the grill and start barbecuing together. Grill <a href="#">vegetables</a> , <a href="#">fruits</a> and other <a href="#">favorites</a> and enjoy <a href="#">family meal time</a> together	<b>27</b> Sunscreen Day Take a walk together during the day. Talk about the importance of protecting your skin from UV rays.	<b>28</b> National Transportation Month...the <a href="#">history of transportation</a> is a great way to teach your children about the evolution on how we get around.	<b>29</b> Learn About Composting Day...learn about composting. <a href="http://www.michigan.gov/kids/0,4600,7-247-49067-62499--00.html">http://www.michigan.gov/kids/0,4600,7-247-49067-62499--00.html</a>	<b>30</b> <b>Family Fun Night</b> Water A Flower Day... take some time to water your garden and flowers.	<b>31</b> Remember to take care of your garden today. Say a prayer of thanks for the beautiful earth.