

FEBRUARY

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February 2015-Narrative Lectionary



VIRGINIA SYNOD, ELCA
Roots & Wings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 Read Matthew 6:7-21</p> <p>Have a family "Souper Bowl" for lunch or dinner.</p> <p>Super Bowl Sunday!</p>	<p>2 Pray the Lord's Prayer together today as a family. How does it feel when you pray together as a family?</p> <p>Ground Hog Day</p>	<p>3 This is National Snack Food Month. Talk together as a family about healthy snacking, and decide on several new snack foods to try this month.</p>	<p>4 Since this is the month we celebrate Valentine's Day, make an "I love you photo collage" for each of the members of your family.</p>	<p>5 This is American History Month. With your parents help, use the internet or visit the Library, and find out what happened this month in our Nation's history.</p>	<p>6 Remember that Fridays are FAMILY FUN NIGHTS. Make a special dinner, play games together, and/or watch a movie. Share your blessings of being a family.</p>	<p>7 During National Heart Month, take each Saturday to make construction paper hearts and write down what we love about each other and post them around the kitchen.</p> <p>Eat Ice Cream for Breakfast Day</p>
<p>8 Read Matthew 14:13-33</p>	<p>9 Find a smooth rock and paint it and write LITTLE IS MUCH WHEN GOD IS IN IT! Talk about how it applies to Sunday's story.</p>	<p>10 This month is full of history; it is also Black History Month. Learn about Harriet Tubman, Martin Luther King, Jr. and Rosa Parks and how they made a difference in our Nation's history.</p>	<p>11 This is International Friendship Month. Share a hug with your friend. Make a new friend this month.</p> <p>Make A Friend Day</p>	<p>12 Next Monday is President's Day. This is the first federal holiday established in honor of an American citizen. With your parents help, use the internet or visit the Library, and find out more about this holiday.</p>	<p>13 FAMILY FUN NIGHT</p> <p>Make a special dinner, play games together, and/or watch a movie. Share your blessings of being a family.</p>	<p>14 During National Heart Month, take each Saturday to make construction paper hearts and write down what we love about each other and post them around the kitchen.</p> <p>Valentine's Day</p>
<p>15 Read Matthew 16:24-17:8</p>	<p>16 Make crosses by placing two craft sticks together like a cross and tightly wrap yarn around the sticks at the point where they cross. Glue the end of the yarn to stay in place.</p> <p>President's Day</p>	<p>17 Today is the beginning of Mardi Gras, Fat Tuesday or Shrove Tuesday. We traditionally make and eat pancakes on today. Plan a pancake supper for you and your family, or go out together and enjoy pancakes.</p> <p>Shrove Tuesday</p>	<p>18 Learn about Ash Wednesday and what it means to the Christian Church.</p> <p>Ash Wednesday</p>	<p>19 Make a Cherry Pie today to have with your Family Fun Night tomorrow.</p>	<p>20 FAMILY FUN NIGHT</p> <p>Make a special dinner, play games together, and/or watch a movie. Share your blessings of being a family.</p> <p>Cherry Pie Day</p>	<p>21 During National Heart Month, take each Saturday to make construction paper hearts and write down what we love about each other and post them around the kitchen.</p>
<p>22 Read Matthew 18:15-35</p> <p>Today is Walk The Dog Day. If you have a dog, take it for a walk.</p>	<p>23 Talk about forgiveness. Is it easy or difficult for you to do? Review what Sunday's lesson had to say about forgiveness.</p>	<p>24 It is the time of Lent, and we remember the love that Jesus showed and continues to show to us. Make a list of all the ways that you and your family have experienced God's love through Jesus.</p>	<p>25 Go to the Library today, and check out some books on Fairy Tales.</p>	<p>26 Share your favorite Fairy Tale that you read on yesterday.</p> <p>Tell A Fairy Tale Day</p>	<p>27 FAMILY FUN NIGHT</p> <p>Make a special dinner, play games together, and/or watch a movie. Share your blessings of being a family.</p>	<p>28 During National Heart Month, take each Saturday to make construction paper hearts and write down what we love about each other and post them around the kitchen.</p>