



VIRGINIA SYNOD, ELCA
Roots & Wings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>National Hot Dog Month</p>	<p>National Ice Cream Month</p>	<p>1 National Ice Cream Flavors Day...find your favorite ice cream and invite a friend to share a bowl with you. Think of ideas of how you can share Jesus with each others.</p>	<p>2 Make some 4th of July crafts to decorate your house or to share with a neighbor or shut in from your Church or neighborhood.</p>	<p>3 Decide on a family activity to do together to celebrate 4th of July. Talk about how we are so blessed to live in the USA.</p>	<p>4 Remember that Fridays are FAMILY FUN NIGHT... Make a special dinner, play games together, and/or watch a movie.</p> <p>4th of July</p>	<p>5 Since this is National Ice Cream Month, try making "Ice Cream in a Bag" as a family fun activity. http://bestactivitiesforkids.com/ice-cream-in-a-bag/</p>
<p>6 Read Matthew 11:16–19, 25–30</p> <p>National Fried Chicken Day</p>	<p>7 Today is Strawberry Sundae Day or Chocolate Day. Enjoy a family time together with this cool treat.</p>	<p>8 Go to the Library and pick out some summer reading books. Find out what summer programs are being offered that you can take part in.</p>	<p>9 Start a family journal or scrapbook filled with your summertime activities.</p>	<p>10 Teddy Bear Picnic Day. Invite your friends to have a peanut butter and jelly sandwich picnic with you and your favorite stuffed animal.</p>	<p>11 FRIDAY FAMILY FUN NIGHT</p>	<p>12 Go to the park with your family and/or a friend. Swing, play baseball, or just take a walk.</p>
<p>13 Read Matthew 13:1–9, 18–23</p>	<p>14 At the end of the day, talk a walk barefoot in the grass. Take a blanket outside, and look at the evening sky. Say a prayer of thanks for the beauty of the sky.</p>	<p>15 Cow Appreciation Day. If you have a local Dairy Farm in your area, make arrangements to go visit.</p>	<p>16 Today is Fresh Spinach Day. Visit a Farmer's Market, and learn about the fresh vegetables that are grown in your area. Say a prayer of thanks for our Farmers and their families.</p>	<p>17 National Peach Ice Cream Day. Have some Peach Ice Cream or another flavor with Peaches on top.</p>	<p>18 FRIDAY FAMILY FUN NIGHT</p>	<p>19 Have a neighborhood Lemonade Stand for Charity. Find a local Charity to make the donation too...visit it, and find out about its mission. "God's Work...Our Hands."</p>
<p>20 Read Matthew 13:24–30, 36–43</p> <p>National Ice Cream Day...Visit an Ice Cream Parlor</p>	<p>21 It is summertime and very warm even at night. Talk about the homeless in your area, and what you could do to help them.</p>	<p>22 Today is Hammock Day. Have a lazy, restful and lazy day. Watch a movie with family or a friend...maybe a Veggie Tale movie.</p>	<p>23 National Hot Dog Day. Plan dinner tonight with Hot Dogs being a part of the meal. Help your family cook and clean up. Write a evening grace together.</p>	<p>24 Today is Cousins Day. Take this time to list your Cousins and say a prayer for them. You might want to make a card for them.</p>	<p>25 FRIDAY FAMILY FUN NIGHT</p>	<p>26 Have a Neighborhood Scavenger Hunt.</p>
<p>27 Read Matthew 13:31–33, 44–52</p> <p>Today is Parent's Day...Say a prayer of thanks for your parents and do something special for them.</p>	<p>28 Today is "Take your pants for a walk day." Pick out your favorite pair of pants and go for a walk.</p>	<p>29 Today is National Lasagna Day. Make a Lasagna, and share it with someone who needs some special attention.</p>	<p>30 Share with your family ways you can actively share Christ's love this summer.</p>	<p>31 Mutt's Day. Find out what your SPCA needs to help with the animals that are there. Make it a family project for August to collect these items and take them to the SPCA.</p>		