





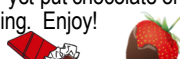









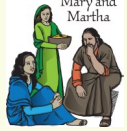



















VIRGINIA SYNOD, ELCA
Roots & Wings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<p>1 Let your imagination run wild! Take a family trip to the ice cream shop and see what sweet creations you can invent.</p> <p>Creative Ice Cream Flavors Day</p> 	<p>2 Make tonight a FAMILY FUN NIGHT. Plan a special dinner, play games together, and/or watch a movie. Share your blessings of being a family.</p> 
<p>3 Read Luke 10:1-11, 16-20</p>  <p>The labourer is worthy of his hire... Luke 10:7</p>	<p>4 Our Bible lesson tells us that Jesus needs more people to share with others about Him and His love. As a family, discuss how you can help tell others about Jesus.</p> 	<p>5 We are to pray to God that He will touch people's hearts and send them out to tell others about the Good News. Include this request in your prayer time tonight.</p> 	<p>6 Make tonight a FAMILY FUN NIGHT. Plan a special dinner, play games together, and/or watch a movie. Share your blessings of being a family.</p> 	<p>7 Candy, cookies, and ice cream. Today is the day to eat anything chocolate, or better yet put chocolate on anything. Enjoy!</p>  <p>Chocolate Day</p>	<p>8 With an adults help, search the internet to learn about the history of video games. Celebrate by playing your favorite game with your family.</p>  <p>Video Games Day</p>	<p>9 With an adults help, search the internet to find a simple sugar cookie recipe. Have homemade sugar cookies for dessert tonight.</p>  <p>National Sugar Cookie Day</p>
<p>10 Read Luke 10:25-37</p>  <p>The Good Samaritan</p>	<p>11 As a family, choose a person you know who is homebound or in a senior facility and spend time with them. You can read a book or sing songs. Cheer Up The Lonely</p> 	<p>12 Jesus reminds us of the focus of life: to love God and to love others. Have each family member share how they practice these two actions.</p> 	<p>13 With an adults help, search the internet to listen to a barbershop quartet. See what you can learn about this unique form of music. Barbershop Music Appreciation Day</p> 	<p>14 In Sunday's Bible story, we learned that neighbors help each other. Discuss with your family ways you can be a good neighbor.</p> 	<p>15 Make tonight a FAMILY FUN NIGHT. Plan a special dinner, play games together, and/or watch a movie. Share your blessings of being a family.</p> 	<p>16 Go to the market and purchase enough spinach for a salad supper tonight. Discuss with your family the healthy benefits of spinach.</p>  <p>Fresh Spinach Day</p>
<p>17 Read Luke 10:38-42</p>  <p>Mary and Martha</p>	<p>18 Today, let's be a Martha. Ask your parents how you can help them around the house. Discuss how it feels to help others.</p> 	<p>19 Today, let's be a Mary. Use your time to read scripture and pray. Share how you feel after spending time in this devotional activity.</p> 	<p>20 How many licks does it take to finish a lollipop? Have a friendly contest with your family.</p>  <p>National Lollipop Day</p>	<p>21 Have a junk food supper tonight. Let each family member suggest their favorite junk food to eat. Enjoy!</p>  <p>National Junk Food Day</p>	<p>22 Make tonight a FAMILY FUN NIGHT. Plan a special dinner, play games together, and/or watch a movie. Share your blessings of being a family.</p> 	<p>23 With an adults help, search the internet to find a new way to cook the traditional hot dog. Have a hot dog supper tonight.</p>  <p>National Hot Dog Day</p>
<p>24 Read Luke 11:1-13</p>  <p>The LORD'S Prayer</p>	<p>25 Jesus taught His followers to pray to God. We call it "The Lord's Prayer". Use it tonight in family devotions.</p> 	<p>26 If you have aunts and uncles, today is the day to show your appreciation. Using construction paper and coloring supplies make and send them a card. Aunt and Uncle Day</p> 	<p>27 Discuss as a family, each of the requests of "The Lord's Prayer". Decide which request is most meaningful to you.</p> 	<p>28 Make tonight a FAMILY FUN NIGHT. Plan a special dinner, play games together, and/or watch a movie. Share your blessings of being a family.</p> 	<p>29 I'm sure Garfield isn't the only one who likes lasagna. With an adults help, search the internet to find a simple recipe that the family can make for supper. National Lasagna Day</p> 	<p>30 Everyone needs a friend. Do a kind deed for someone today and be a friend.</p>  <p>International Day of Friendship</p>
<p>31 Read Luke 12:13-21</p>  <p>The Rich Fool</p>	<p>Resources used and adapted from: Holiday Insights</p>					
 <p>Virginia Lutherans Ambassadors for Christ Virginia Synod, Evangelical Lutheran Church in America</p>						