



VIRGINIA SYNOD, ELCA
Roots & Wings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
NATIONAL CRAFT MONTH	NATIONAL PEANUT MONTH	NATIONAL NUTRITION MONTH	RED CROSS MONTH	MUSIC IN OUR SCHOOLS MONTH	NATIONAL FROZEN FOOD MONTH	1 Make a peanut butter and jelly sandwich and share it with someone you love. Make some peanut butter cookies and give them to a neighbor. PEANUT BUTTER LOVERS DAY
2 READ Matthew 17:1-9 Today is DR SUESS'S BIRTHDAY...read one of his stories, or possibly write one of your own.	3 NATIONAL ANTHEM DAY... At the library or on the internet, find out about the National Anthem. Where have you seen it sung before?	4 Learn about Shrove Tuesday or Pancake Day. Make pancakes and fixings for supper tonight for the family. SHROVE TUESDAY	5 Attend an Ash Wednesday service with your family...talk about the Lenten Season...possibly set up a home devotional area to use during Lent. READ Matthew 6:1-6; 16-21 ASH WEDNESDAY	6 FROZEN FOOD DAY... Make a healthy dinner using frozen foods for your family tonight. Make sure you help do the dishes at the end. Thank God for food for us to eat, and pray for those who are hungry.	7 Make every Friday a Family Fun Night ...by making dinner together, maybe Pizza, watching a movie, or playing a board game. Have fun!	8 Plan a day trip to some type of museum or attraction to get out of the house, and hopefully enjoy the warmer weather.
9 READ Matthew 4:1-11 DAYLIGHT SAVINGS TIME STARTS	10 Make a parade in your house, using household items like pots and pans or make your own instrument.	11 JOHNNY APPLE-SEED DAY...Learn about Johnny Appleseed. Learn the Dinner Grace that you can sing before a meal. NATIONAL	12 PLANT A FLOWER DAY...Plant some flower seeds and share them with a shut-in. BUBBLE	13 POPCORN LOVERS DAY...Make some strings of cranberries and popcorn to put out for our friends the birds. Make some extra popcorn to enjoy as a family as well. WEEK	14 LEARN ABOUT BUTTERFLIES DAY..What are Butterflies before they get their wings? Say a prayer of thanks for all the earth's creatures. Family Fun Night	15 INCREDIBLE KID DAY Invite some friends and neighbors over and have a bubble party. If it is warm enough, do it outside. Celebrate being a kid!
16 READ Matthew 3:1-17	17 Wear green today in honor of St Patrick's Day. Learn about the history of St Patrick's Day. ST PATRICK'S DAY	18 Start thinking about Spring cleaning...and sharing your outgrown clothes and toys with a family shelter.	19 Tomorrow is the first day of Spring...make some Happy Spring Cards to take or send to loved ones.	20 Take the cards you made to a Nursing Home or to a Shut-in. FIRST DAY OF SPRING	21 Family Fun Night	22 NATIONAL CHIP AND DIP DAY...Have a chip and dip party with friends or neighbors. Invite them to come visit your Church on Sunday.
23 READ John 4:5-42	24 Use free time this week to make a kite...so hopefully on Saturday, you can have a family kite flying day.	25 WAFFLE DAY...Make waffles for breakfast or even dinner today for you and your family...try different toppings.	26 Write a note to someone that you have not seen lately, letting them know you are missing them. Pray for them tonight	27 Work on finishing up your kite...say a prayer of thanks for warmer winds and longer days to enjoy the weather.	28 Family Fun Night ...this might be a good week to watch the Disney's Mary Poppins Movie	29 Pick a place to go as a family and enjoy flying the kites that you made.
30 READ John 9:1-41 TAKE A WALK IN THE PARK DAY...take a trash bag along, and help do some cleaning up.	31 Is March going out like a lamb or a lion? Learn about this last day of March on the computer or in the library.	Notes: Theme day ideas on http://kidsactivities.about.com/od/SeasonalLearning/a/March-Themes-special-Days-And-Holiday-Activities-For-Kids.htm				