



VIRGINIA SYNOD, ELCA
Roots & Wings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
National Barbecue Month	National Bike Month	National Hamburger Month	National Photograph Month	National Salad Month	1 Today is a celebration of Spring. With the help of an adult, search the internet to learn how other countries celebrate May Day. May Day	2 Give your siblings a big hug today and say "I Love You."  Brothers & Sisters Day
3 Read Romans 1:1-17	4 Use construction paper and coloring supplies to make a thank you card to show your appreciation to your Sunday School teacher. 	5 Go to the library or with an adult's help, search the internet to learn about Mexican food, culture and music Cinco de Mayo	6 Use construction paper and coloring supplies to make a card to let your teacher(s) know how much you appreciate them.  National Teachers Day	7 Have a "Hamburger Supper" tonight. With an adults' help, gather all your favorite fixings and make hamburgers for all to enjoy. 	8 When you get home from school today, take off your shoes and socks and go barefoot (with an adults' permission). No Socks Day 	9 Use construction paper and coloring supplies to make a thank you card to let your Mom know how much you love and appreciate her.
10 Read Romans 5:1-11 	11 With an adult's help, search the ELCA website to learn about our missionaries. Say a prayer that God will help them be a loving witness for Him. 	12 With an adults' help, search the internet to learn how to write a limerick poem. Share your limericks during family time. Limerick Day	13 Attend a frog jumping contest or plan your own contest with construction paper cut outs of frogs.  Frog Jumping Day	14 With an adult's help, search the internet to learn how to do the "Chicken Dance." Dance Like A Chicken Day	15 With the help of an adult, bake your favorite batch of chocolate chip cookies for dessert tonight.  National Chocolate Chip Day	16 Check your community calendar to see what events your family can attend to honor the men and women who serve(d) in the military. 
17 Read Romans 6:1-14	18 This week be a "secret disciple". As a family, talk about doing an act of kindness for someone without their knowledge.	19 During family devotions, learn and pray the Lord's Prayer together.  THE LORD'S PRAYER	20 Time to put on your chef's hat and, with the help of an adult, make your favorite salad for the family meal tonight. 	21 Be a helper today at school. Offer to help your teacher with a classroom task. 	22 Remember that Friday is FAMILY FUN NIGHT . Make a special dinner, play games together, and /or watch a movie. Share your blessings of being a family.	23 During family time pull out all of the old family photos and talk about how each family member has grown. 
24 Read Acts 2:1-4	25 Check your community calendar to see what events your family can attend to honor the military persons who gave their lives in service for America. 	26 Go to the library or with an adults' help, search the internet to learn about the first American woman to go into space. Sally Ride Day	27 If the weather permits, take a family bike ride in the park. 	28 With an adults' help, search the internet to learn about how others encourage governments to protect their citizen's human rights. Amnesty International Day	29 Celebrate National Barbecue Month by making Friday night barbecue night. Dine out or cook your favorite barbeque meal at home. 	30 Take time to water the plants today, whether they are in the garden or in the house.  Water A Flower Day
31 Read Psalm 1	Resources used and adapted from: Sunday's & Seasons Year B- Augsburg Fortress Holiday Insights Sermons 4Kids					