



VIRGINIA SYNOD, ELCA Roots & Wings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Classical Music Month 	Hispanic Heritage Month 	National Courtesy Month 	Better Breakfast Month 	1 The best way to start off your day is with a good healthy breakfast. Make sure you include fruit, grains, vegetables, and dairy. Enjoy! 	2 Make tonight a FAMILY FUN NIGHT. Plan a special dinner, play games together and/or watch a movie. Share your blessings of being a family. 	3 With the help of a parent, search the internet to learn about the history of those tall buildings we call "skyscrapers". Do they really "scrape" the sky? Skyscraper Day
4 Read: Luke 14:25-33 	5 Pizza is "yummy for your tummy". With the help of a parent, search the internet to find a simple cheese pizza recipe. Make it together tonight as a family. Enjoy! Cheese Pizza Day	6 Time to go to the local library and check out a good book to read, or ask your parent to read a book to you. Maybe you can find a good bed time story. Read a Book Day	7 In Sunday's lesson, Jesus speaks about being a disciple. In family time tonight discuss the meaning of the word "disciple". 	8 A disciple of Jesus is a person who follows the words and actions of Jesus. Have each member of the family share ways in which they are disciples of Jesus. 	9 Do you have something soft and cuddly to snuggle up with when you go to bed? A "teddy bear" is the perfect stuffed animal. With the help of a parent, search the internet to learn about the history of the "teddy bear". Teddy Bear Day	10 Make tonight a FAMILY FUN NIGHT. Plan a special dinner, play games together and/or watch a movie. Share your blessings of being a family.
11 Read: Luke 15:1-10 	12 What is your favorite flavor of milk shake? Well today it should be chocolate! Take a family trip to a local fast food place and treat yourself to a delicious chocolate milk shake. Chocolate Milk Shake Day	13 Today is a day to think good, hopeful and grateful thoughts about people, things and life. Share a smile and kind words with others. Positive Thinking Day	14 Whether it is chocolate, vanilla or lemon, a cream-filled donut gives us a delight when we take a bite of that smooth and soft filling. Enjoy one today! National Cream-Filled Donut Day	15 In Sunday's lesson, Jesus welcomes all kinds of people. Tonight in your family devotional time, discuss some ways you can help visitors who come to your church to feel welcome. 	16 Shape it into a ball or flatten it like a pancake, you can let your imagination soar with Play Dough. With the help of a parent, search the internet to learn about Play Dough. National Play Dough Day	17 Make tonight FAMILY FUN NIGHT. Plan a special dinner, play games together and/or watch a movie. Share your blessings of being a family.
18 Read: Luke 16:1-13 "YOU CANNOT SERVE GOD AND MONEY." LUKE 16:13, ESV	19 What is your favorite flavor of pudding? Well, today we celebrate butterscotch. Ask your parents if you can have some for desert tonight. National Butterscotch Pudding Day	20 In Sunday's lesson, Jesus tells us that the purpose of money is to provide opportunities for us to help others. What are the ways your family is using money to help others? 	21 If you can't play with the big guys, then play with the little guys. Try to get that little white ball in that small round hole. Bring the family. Have fun! Miniature Golf Day	22 Jesus tells us that God should come first in our lives. During family devotions tonight, talk about how you put God first. 	23 Responsibility. That's a pretty big word. Jesus said that if you are responsible with small tasks, you will be responsible with large tasks. Name some tasks (small or large) that you are responsible for in your family. 	24 Make tonight FAMILY FUN NIGHT. Plan a special dinner, play games together and/or watch a movie. Share your blessings of being a family.
25 Read: Luke 16:19-31 Lazarus & The Rich Man	26 Give thanks today for the delicious apples that we enjoy. And when you take your first bite, remember the person who was credited for planting apple trees. Johnny Appleseed Day	27 Sunday's Bible lesson reminds us that we have those who are poor and hungry all around us. Ask your parents contact a local food pantry to see how you can help the poor and hungry in your community. 	28 What is a good neighbor. During family devotions tonight, talk about the characteristics that make us a good neighbor. National Good Neighbor Day	29 God gave us His Word to teach us how to love Him and to love others. During family devotions tonight, talk about how you can put into practice what you are learning from God's Word. 	30 Make tonight FAMILY FUN NIGHT. Plan a special dinner, play games together and/or watch a movie. Share your blessing of being a family. 	Resources: Unique Holidays used from Holiday Insights Virginia Lutherans Ambassadors for Christ Virginia Synod, Evangelical Lutheran Church in America