



VIRGINIA SYNOD, ELCA  
**Roots & Wings**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b> Read Mark 5:21-43</p> 	<p><b>2</b> Remember to "tie a string around your finger" so you will not forget.</p>  <p>I Forgot Day</p>	<p><b>3</b> Beans are a good source of protein. They come in fresh, frozen or canned varieties. Ask your parents to include your favorite on the menu for tonight.</p>  <p>Eat Beans Day</p>	<p><b>4</b> Celebrate today by going to a parade, having a picnic, or enjoying a fireworks display. Say a prayer of thanksgiving for the freedoms that you enjoy.</p>  <p>Happy 4th! Independence Day</p>	<p><b>5</b> Do you spend all of your time doing your homework, cleaning your room, working on projects? Do you need to feel busy all of the time? Then this is your day.</p>  <p>Work-a-holics Day</p>	<p><b>6</b> Gather the family together and celebrate this day at your favorite chicken restaurant. Delicious!</p>  <p>National Fried Chicken Day</p>	<p><b>7</b> Make tonight a <b>FAMILY FUN NIGHT</b>. Plan a special dinner, play games, and/or watch a movie. Share your blessings of being a family.</p> 
<p><b>8</b> Read Mark 6:1-13</p> 	<p><b>9</b> Jesus tells us not to be afraid and to trust Him. In your family devotions, share about the times that you were afraid and trusted Jesus.</p> 	<p><b>10</b> People who heard Jesus teach were amazed. What have you learned about Jesus that amazes you?</p> 	<p><b>11</b> Ask your parents if there is someone that you can visit to brighten up their day. If so, take along some flowers to brighten up their room also.</p>  <p>Cheer Up the Lonely Day</p>	<p><b>12</b> This is a good family project. With your parents help, search the internet for a simple recipe. Make the pie for supper tonight.</p>  <p>Pecan Pie Day</p>	<p><b>13</b> These potato favorites can be found in crinkle, waffle, and string varieties. No matter what kind you like, as long as they are hot and fresh, they are so good.</p>  <p>National French Fries Day</p>	<p><b>14</b> Make tonight a <b>FAMILY FUN NIGHT</b>. Plan a special dinner, play games, and/or watch a movie. Share your blessings of being a family.</p> 
<p><b>15</b> Read Mark 6:14-29</p> 	<p><b>16</b> Jesus sent out His disciples to tell others about the Good News. How do you share with others the Good News?</p> 	<p><b>17</b> People who heard about Jesus didn't know what to think of Him. Share with your family what you think about Jesus.</p> 	<p><b>18</b> What do you like to put on your hot dog? Chili, ketchup, or just plain; whatever you like to put on your hotdog, have it for supper tonight.</p>  <p>National Hot Dog Day</p>	<p><b>19</b> Jesus tells us not to be afraid and He will be with us. Talk with your family about times when you have felt that Jesus has been with you.</p> 	<p><b>20</b> What is your favorite flavor? Cherry, grape, lemon or rainbow? Take a family trip to the local candy store and enjoy your favorite.</p>  <p>National Lollipop Day</p>	<p><b>21</b> Make tonight a <b>FAMILY FUN NIGHT</b>. Plan a special dinner, play games, and/or watch a movie. Share your blessings of being a family.</p> 
<p><b>22</b> Read Mark 6:30-34, 53-56</p> 	<p><b>23</b> This month's ice cream flavor is vanilla. Cover it in sprinkles, caramel sauce, or gummy bears. Enjoy.</p>  <p>Vanilla Ice Cream Day</p>	<p><b>24</b> Jesus knew the importance of rest. Are there times when you feel you need to rest?</p> 	<p><b>25</b> Jesus had compassion on the people He met. Talk with your family about how you can show compassion to others.</p> 	<p><b>26</b> Using coloring supplies, make your Aunt and Uncle a card to let them know how much you love them.</p>  <p>UNCLE AUNT Aunt and Uncle Day</p>	<p><b>27</b> Jesus did not want to waste food, so the disciples gathered up the leftovers. What does your family do with your leftovers?</p> 	<p><b>28</b> Make tonight a <b>FAMILY FUN NIGHT</b>. Plan a special dinner, play games, and/or watch a movie. Share your blessings of being a family.</p> 
<p><b>29</b> Read John 6:1-21</p> 	<p><b>30</b> Jesus took a small amount of food and fed a large number of people. Discuss with your parents how you can help feed others.</p> 	<p><b>31</b> Before Jesus shared the bread and fish with the crowd, He blessed the food. Ask your parents if you can say the table grace before you eat the family meal.</p> 	<p>Resource: Unique Holidays used from Holiday Insights</p>			





