



***Nurturing Faith...***  
*Every Day in Every Way*

June 23, 2019

Isaiah 65:1-9  
 Psalm 22:19-28  
 Galatians 3:23-29  
 Luke 8:26-39



***2<sup>nd</sup> Sunday After Pentecost***

Have you ever been so sad or so angry that you sort of lost control of yourself? Maybe screamed or yelled or cried so hard and for so long that you were a little bit afraid that you'd never stop? Yeah? ... Me too. We sometimes call those moments "tantrums". And sometimes during a tantrum, an adult or a friend might tell you to stop crying and screaming and instead "use your words." If you do this, then the other person can help you figure out what's wrong and then help you to feel better.

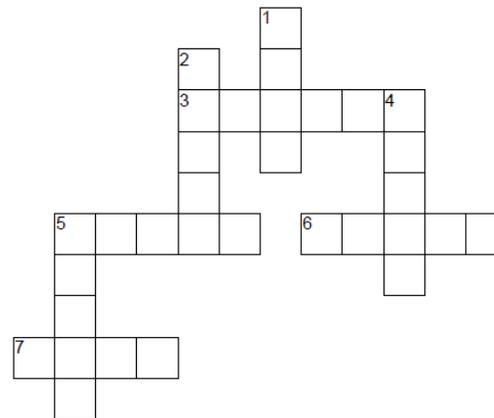
Our Gospel lesson in Luke today tells us about a man who often had such tantrums. And those tantrums were so scary that the townspeople wouldn't let him live near them anymore.

Did you hear what the man did when Jesus arrived? That's right – the man ran towards Jesus. That must've been a scary moment for Jesus. But it turns out that the man just wanted help. For a moment, though, it sure seemed like the man was going to have a tantrum. We hear that he DID yell at Jesus. He yelled, "What have you to do with me?" And, "Do not torment me!" But then Jesus did something very interesting: He asks the man his name. Instead of telling Jesus his real name, though, the man "uses his words" to tell Jesus the name of his problem. And once the man is able to say what his problem is, then Jesus is able to help him. They even make a little plan together, they carry it out, and then the man experiences healing.

Jesus was able to help the man in today's Gospel because the man was able to tell Jesus what his problem was. We can all do that. When we "use our words" to tell someone (who we trust) what our problem is, then they are better able to help us. AND... When we tell God what our problems are, we can listen to how God wants to help us with our problems. God is always available, and when we pray, we can talk directly to God. \*adapted from rfour.org\*

Gracious God, sometimes we get so upset that we don't know what to do, but YOU do. Help us to use our words to get the help we need and to remember that you are always just a prayer away. Amen.

*Crossword Puzzle*



ACROSS

- 3. To be filled with fear
- 5. To be freed from illness or injury
- 6. To die from being submerged in water
- 7. Farm animals with a fat body flat nose, short legs and tail

DOWN

- 1. A group of cattle or other animals
- 2. Something above average size
- 4. A cruel and wicked spirit
- 5. A series of connected metal links

|        |       |       |       |
|--------|-------|-------|-------|
| AFRAID | LARGE | CHAIN | HERD  |
| DEMON  | DROWN | PIGS  | CURED |

**Activity:** Sometimes it helps to write out our problems. On a piece of paper, write or draw a problem that may be heavy on your heart. Talk about this problem with your Sunday School teacher or a grown up that you trust. Together, you can pray to God about how to make the situation better.

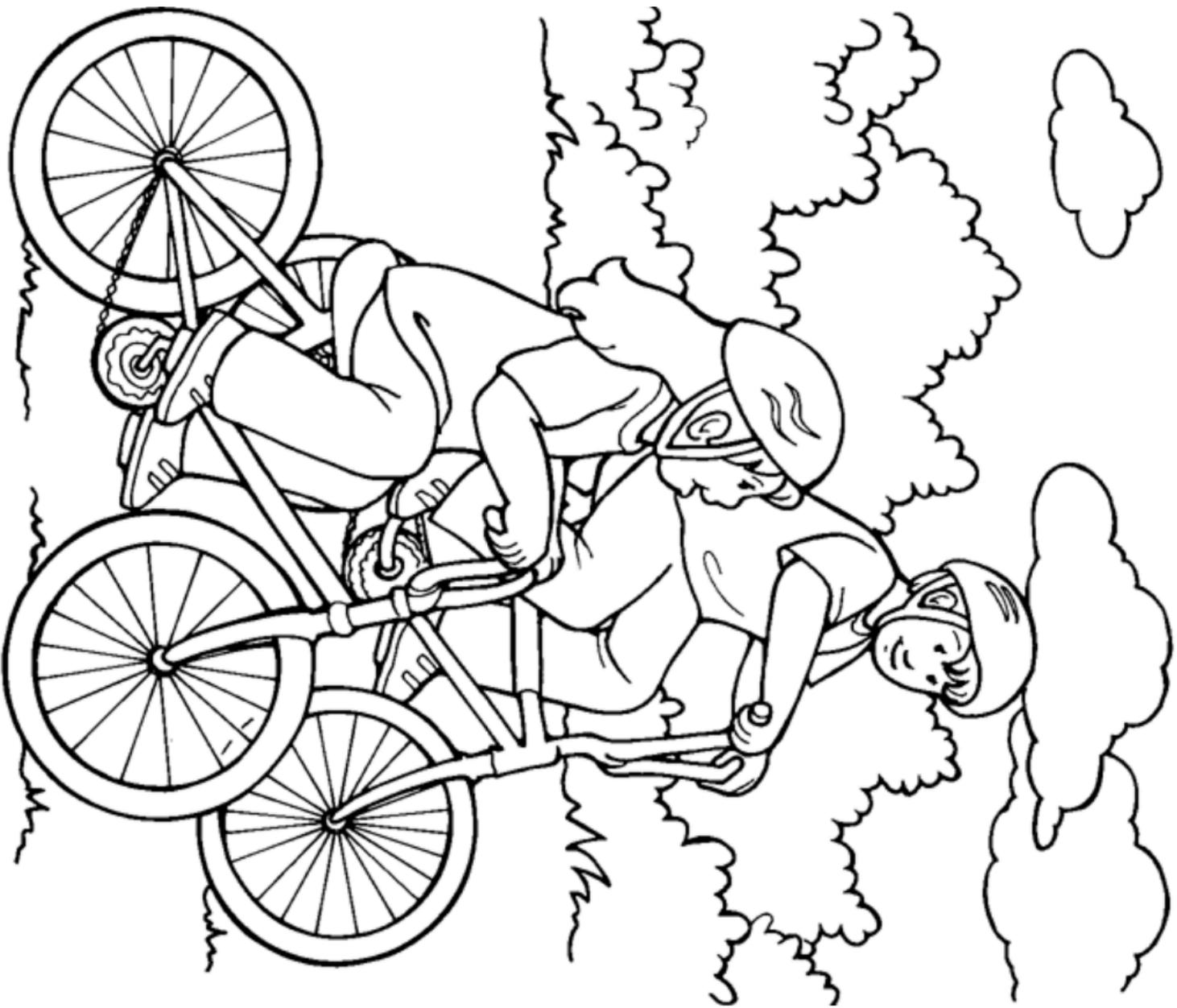
**Discussion Question:** Have everyone yell all at once. Were you able to understand anything that anyone said? When you get so upset that you can't focus use the following method of 5-4-3-2-1 to help you to calm down. Call out: 5 Things you can see. 4 Things you can feel. 3 Things that you can hear. 2 Things that you can smell. 1 Thing that you can taste.

**Family Table Prayer for June:**

For veggies so fresh  
 and fruits just right  
 Thank you, God  
 for dinner this night. Amen.

**June Memory Verse:** Psalm 74:17 It was you, God, who set all the boundaries of the earth; you made both summer and winter.

# Coloring Page



**I can tell my friends about Jesus.**

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