

February



VIRGINIA SYNOD, ELCA  
Roots & Wings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>February Memory Verse:</b> 1 Corinthians 13:4 Love is patient, love is kind.</p> <p><b>February Table Prayer:</b>                      God of Love and of my heart                      You fill us with your light.                      Help us to share your love with the world                      morning, noon, and night. Amen.</p>						<p><b>1 National Library Day</b> Family Fun Day</p> 
 <p>Virginia Lutherans FAITHFUL + BOLD + SERVING Virginia Synod, Evangelical Lutheran Church in America</p>						
<p><b>2 Read Matthew 5:1-12</b></p> 	<p><b>3 Feed the Birds Day</b> Do you have some extra bread or some sunflower seeds? Today, throw some food out for the birds and watch to see if they come to get it.</p> 	<p><b>4</b> The gospel lesson from Matthew tells us that Jesus preaches to a large group of people and talks about blessing, which is another word for happy. How are we blessed by hearing Jesus' words?</p> 	<p><b>5 Women in Sports Day</b> With the help of an adult, Google Wilma Rudolph and Danica Patrick. Read up on how these strong women made a name for themselves.</p> 	<p><b>6 Play Monopoly Day</b> Tonight, for family fun time, play the short version of Monopoly. See if you can own all of the railroads!</p> 	<p><b>7 Harry Potter Day</b> Wizardry at it's finest! Today is a great day to begin reading one of J.K. Rowling's books together as a family OR you can watch one of the Harry Potter movies for family time tonight. Which house do YOU belong to?</p> 	<p><b>8 Family Fun Day</b></p> 
<p><b>9 Read Matthew 5:13-20</b></p> 	<p><b>10</b> The light of Christ is always in us and shines brightest when we share it with others. How can you share your light this week?</p> 	<p><b>11 National Inventors Day</b> Eli Whitney, Alexander Graham Bell, Dr. Shirley Jackson. With the help of an adult, Google these inventors. What would you like to invent?</p> 	<p><b>12 Lincoln's Birthday</b> With an adult, take a trip to the library to see what you can find out about our 16th president.</p> 	<p><b>13 Self-Love Day</b> God loves us and we should love ourselves too! Today, do something that makes you feel special.</p> 	<p><b>14 Valentine's Day</b> Today, we celebrate LOVE! Who do you love? Cut out paper hearts and give them to those whom you love. Don't forget your neighbors!</p> 	<p><b>15 Susan B. Anthony Day</b> Family Fun Day</p> 
<p><b>16 Read Matthew 5:21-37</b></p> 	<p><b>17 Random Acts of Kindness Day</b> Today, do something nice for someone without being asked. Make a sibling's bed, take out the trash, give an extra hug. It makes our heart feel great when we do nice things for others.</p> 	<p><b>18 Ice Cream for Breakfast Day</b> Chocolate, Vanilla, or Strawberry? Which will you choose? Today, eat dessert first! A bowl of ice cream with granola on top? Yes, please!</p> 	<p><b>19 Best Friends Day</b> Who is your bestie? Today, we celebrate them. Make a card to deliver to let them know you appreciate their friendship.</p> 	<p><b>20 Love Your Pet Day</b> Pets bring so much love into our lives. Make sure to give extra pets and snuggles to your pet-buddies today. All creatures big and small, God made them all!</p> 	<p><b>21</b> Jesus teaches us that if we are angry or hurt by someone, it is best to talk to that person. Practicing forgiveness can be hard. How can we do that as a family?</p> 	<p><b>22 Family Fun Day</b></p> 
<p><b>23 Read Matthew 17:1-9</b></p> 	<p><b>24 Dance Off Day</b> DANCE PARTY!!! Tonight, after dinner, have a family dance-off. Show everyone your cool moves as you move to your favorite music.</p> 	<p><b>25 IHOP Pancake Day</b> It's Fat Tuesday! IHOP is celebrating by giving away a free short stack of pancakes. Breakfast for dinner it is!</p> 	<p><b>26 Ash Wednesday</b> Today is the beginning of Lent. We are marked with a cross of ashes to remember that Jesus' victory over death can be our own.</p> 	<p><b>27 National Chili Day</b> With the help of an adult, find a simple chili recipe on the internet. Gather all of the ingredients and help make this yummy dinner for the family.</p> 	<p><b>29</b> Our gospel this week tells us that the disciples heard God's voice. As a family, discuss how we can listen for God's voice.</p> 	<p><b>29 Leap Day</b></p> 