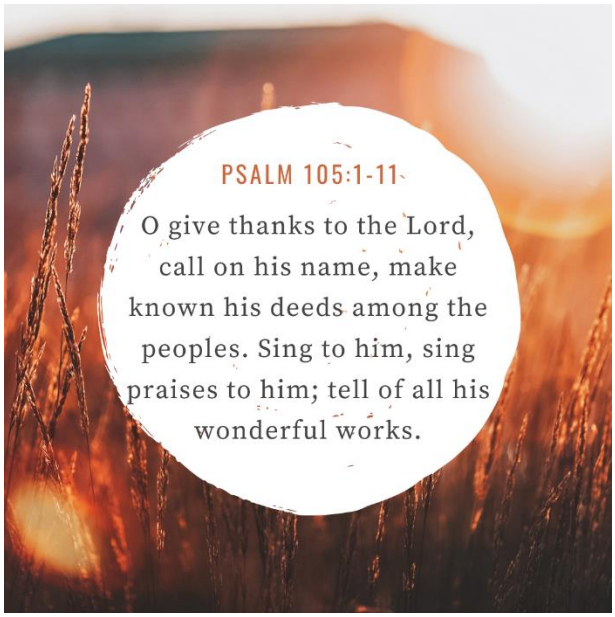
March 1, 2021 Lenten Devotional
Psalm 105:1-11 – “Remember God's Wonderful Works”
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O give thanks to the LORD, call on his name,
make known his deeds among the peoples.
Sing to him, sing praises to him;
tell of all his wonderful works.
Glory in his holy name;
let the hearts of those who seek the LORD rejoice.
Seek the LORD and his strength;
seek his presence continually.
Remember the wonderful works he has done,
his miracles, and the judgements he has uttered,
O offspring of his servant Abraham,
children of Jacob, his chosen ones.

He is the LORD our God;
his judgements are in all the earth.
He is mindful of his covenant for ever,
of the word that he commanded, for a thousand generations,
the covenant that he made with Abraham,
his sworn promise to Isaac,
which he confirmed to Jacob as a statute,
to Israel as an everlasting covenant,
saying, ‘To you I will give the land of Canaan
as your portion for an inheritance.’

-Psalm 105:1-11

Reflection:
Trust is a difficult word. In this word we are reminded of both feelings of comfort and feelings of betrayal. Some people trust easily and freely, while others rarely trust in anyone or anything. Sometimes, our trust can be broken, and we fear to give it up to anyone or anything ever again. We hold on to our trust like fragile glass, fearing the slightest touch will shatter it into pieces. So, in order to protect our fragile trust, we hide our trust deep inside and isolate ourselves in the process. As we isolate, we begin to bear many loads on our own, trying to navigate life with a weight we were not meant to carry by ourselves. While holding onto our trust, we also hold onto fear, guilt, and pain. We fear the future because of the pain of our past, and without anyone or anything to affirm and validate us, we begin to blame ourselves for situations that were out of our control. I am sure that many people will relate to these feelings; I know I do. Even as I write this devotional, I can’t help but remember the time when my trust was broken in the past. At that time, I thought that there wasn’t anything in this world that I could trust, and I believed that no matter how much people cared for me, they could still hurt me. I began to rely on myself for everything, and as I did so, I began to lose my footing; tripping on the obstacles we face in life as I struggled to carry the weight of my fear, pain, and guilt. As I struggled, I wondered how I would be able to face my future as I feared the weight would only get larger. I couldn’t imagine

being able to continue forward as I struggled to take every step. It wasn't until I was overwhelmed with hopelessness that I remembered who was right there, who was always there. God. I could trust God. I didn't have to fear telling him anything because he already knew it, and I didn't have to fear rejection because God had already claimed me as his. God wouldn't betray my trust because God doesn't break promises. As it is written in Psalm 105, "He remembers his covenant forever, the promise he made, for a thousand generations." Not only does it say that we can trust God, but the Bible is proof of the promises he has fulfilled. When Jesus was born and died on the cross, he fulfilled the promise God had made, and filled our hearts with hope for the future and the promise of eternal life. When we place our trust in God, what once felt like broken glass turns into something amazing and unbreakable. So, if you haven't done so yet, REJOICE! Whoop and holler, shout, and sing, because God has given us something miraculous. An eternal and unbreakable trust.